



EXPLORE
WHAT IS
BEYOND



**BRIHASPATI
VIDYASADAN**

MALIGAUN, KATHMANDU



About BRIHASPATI VIDYASADAN

Situated in the heart of Kathmandu, Brihaspati Vidyasadan (BVS) holds the distinction of being one of the country's top-ranking schools. For the past 40 years, we have been consistently delivering high academic standards while offering a conducive environment to ensure the overall well-being of our students.

Imparting quality education
and nurturing human values.

VISION MISSION

We explore the potential of
individual students and promote
excellence in all walks of life.



CO-CURRICULARS AT BVS

Co-curricular programs at BVS include excursions, entrepreneurial opportunities, STEM (Science, Technology, Engineering, and Mathematics) classes, and community outreach. It also offers extracurricular activities such as music and instrument lessons, theater, dance classes, sports, swimming, and arts and crafts. These year-round activities provide students with the impetus to discover their individual potential in a constructive, safe, and healthy environment.

PERFORMING ARTS

Our performing arts program includes dance, theater, and vocal training, which are woven into the fabric of student life at BVS, giving students a chance to shine while having fun in the process.



MUSIC AND INSTRUMENTS

Students can choose from a wide range of instruments, from modern to classical, based on their interests and skill levels.



YOGA AND MINDFULNESS

At BVS, we nurture both the mind and body through yoga and mindfulness. These sessions enhance focus, resilience, and well-being through guided breathing, meditation, and yoga. By integrating mindfulness into their daily lives, students learn to stay present, manage stress, and thrive.

VARIETIES OF SPORTS

Students participate in various sports, including basketball, futsal, wall climbing, roller skating, taekwondo, table tennis, and swimming.



OUTDOOR EDUCATION

Students of all ages are given the opportunity to go on field trips or overnight excursions on various occasions.



CLAY ART

Clay art opens up a world of possibilities where students can think outside the box, understand perspective, and express themselves in a gratifying way while recognizing the value their creations can bring to the school community.



WALL CLIMBING

Wall climbing at BVS builds strength, confidence, and problem-solving skills. This exciting activity challenges students both physically and mentally, fostering resilience, teamwork, and perseverance in a fun and safe environment.



SWIMMING

Swimming at BVS promotes fitness, confidence, and water safety. Our program helps students develop essential swimming skills while enhancing endurance, coordination, and overall well-being in a safe and supportive environment.



STEM

STEM education is an approach to learning that uses Science, Technology, Engineering, and Mathematics where students learn to innovate and use the theory into practice.



STUDENT SUPPORT AT BVS

We promote mental health and well-being of staff members & students by adopting approaches which involve the entire school community in the creation of a safe and inclusive learning culture and environment including:

- Timely social and emotional support for those with additional needs.
- Involvement of students and families in solving problems.

CAREER GUIDANCE PROGRAM

Career guidance is offered in groups and individually by the Principal, teachers, school counselors and guest speakers time to time. These sessions have been highly helpful. BVS alumni proudly share its impact later in their life after graduating from school.



SOCIAL & EMOTIONAL WELL-BEING OF STUDENTS

We promote resilience building and social & emotional well-being at school through:

- Positive social connections,
- A safe and secure environment,
- Promotion of positive coping strategies and problem-solving skills,
- Inculcating a sense of purpose and responsibility in students,
- Non-Violent Communication as an approach,
- Psycho-social counseling and well-being sessions



PARENTING EDUCATION

The type of home environment students are offered and the way parents interact with their children matter. At BVS, we regularly organize parenting sessions to help parents understand and address the needs of the younger generation appropriately.



COMMUNITY PARTNERSHIP

BVS has a long-standing tradition of contributing to the local community and beyond. Our students are encouraged and expected to develop an understanding of, and a commitment to, the greater good as an integral part of their education. We, therefore, offer a number of programs and opportunities to complement these goals.



CHARACTER EDUCATION

Character building is one of the major educational goals we consider at BVS. We believe that every student comes with innate skills, predispositions or character strengths. In order to help them further these strengths, teachers work as mentors and follow an individual-based, reflective, and goal-oriented approach so that students are empowered to choose and work towards achieving their individual character goals.

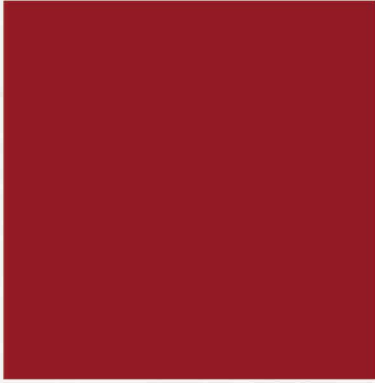




EVENTS AT BVS

At BVS, students participate in a variety of events during the school year that contribute towards building community, forging connections, and promoting school spirit. These events allow students to explore their learning beyond academics as they engage with peers and the community outside their classrooms.





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